SAVI
STRATEGIC ALLIANCE VETERAN INTEGRATION

VET CENTERS GUIDE

Free, confidential counseling

Vet Centers are community-based counseling centers that offer social, emotional, and psychological support. Services are free and confidential.

WHO CAN GO

- Service-members, Veterans, members of the National Guard and Reserve, and their families.

WHAT THEY OFFER

- A wide range of counseling and support services in a community setting.

TALK TO SOMEONE NOW

- **Vet Center Call Center:** 877-927-8387, available any time.

> **In crisis?** Veterans Crisis Line: dial 988, then press 1, or text 838255.

FIND YOUR LOCAL VET CENTER

- Go to VA.gov and choose **Find a VA location**.
- Enter your city, state, or ZIP code.
- Under facility type, choose **Vet Center**, then search.

> **Want one-on-one support?** The SAVI Transition Incubator℠ serves service-members and Veterans from one year before to one year after separation. Join the list at savivets.org/veterans.

Sources: Department of Veterans Affairs Transition Assistance Program, Vet Centers Online Resource Guide, version 3.0 (revised October 2022); Veterans Crisis Line contact from VA's 2025 resource guides.